



Center for Prevention Services

Focusing on the "before"
Before substance use occurs ...
Before addiction takes hold ...

2017 Program Offerings

Serving Cabarrus, Davidson, Mecklenburg,
Rowan, Stanly and Union counties.

FREE Programs (except where noted)

Youth Evidence-based Programs

HALO (pre-school): an evidence-based, developmentally appropriate health education and prevention program for children aged 3-6 years.

unique YOU (3rd and 4th grade): an evidence-based prevention program that teaches self-worth, good decision-making, and age-appropriate drug information. Available in English or Spanish.

Safe Dates (Middle/High School): an evidence-based prevention program addressing dating violence, conflict resolution, and substance use prevention.

Reconnecting Youth (Middle/High School): a peer group approach that teaches skills to build resiliency and control early signs of substance abuse and emotional distress.

Teen Intervene (Middle/High School): an intervention program that helps teens self-identify substance use issues and engages teens and parents in the intervention and referral.

Project Towards No Drugs (High School): an effective prevention program that provides cognitive motivation activities to resist drug use; correction of cognitive misperceptions; and detailed information about the social and health consequences of drug use.

Pilot Youth Leadership Program

Learn to Lead (Middle School): a program aimed at establishing leadership among youth. Program focuses on developing youth's skills in the area of leadership, self-understanding, and substance use prevention. This program has an innovative Prevention App (**Lead the Way**) that may be paired with the curriculum, which is the first prevention app of its kind for children.

Parent Evidence-based Programs

Guiding Good Choices: a drug use prevention program that provides parents of children in grades 4 through 8 with the knowledge and skills needed to clarify family expectations for behavior, enhance bonding, and teach skills that allow children to resist drug use successfully.

One Time Talks

- Tobacco Education (Middle/High School)
- Underage Drinking (Middle/High School)
- Healthy Relationships (Middle/High School)
- Self-Esteem Building (Middle/High School)
- Decision Making and Commitment (Middle/High School)
- Safe Homes (Parents)

Fee for Service Program

3rd Millennium Classroom: An online platform that provides prevention modules on alcohol, marijuana, and drug use. These modules can be completed as part of a mandatory drug education sanction or as a voluntary educational opportunity. The course fee is \$100. Courses offered:

- Under the Influence - an online ALCOHOL education course for ages 18 and OLDER
- Alcohol-Wise JV - an online ALCOHOL education course for ages 17 and UNDER
- Marijuana 101 - an online DRUG education course for ages 18 and OLDER
- Marijuana 101 JV - an online DRUG education course for ages 17 and UNDER
- Parent-Wise - an online companion course for parents whose child is enrolled in an alcohol or drug education course.

For program details or to schedule your programs, please contact:

Thomas Asbury II
Youth Leadership Program Coordinator
asbury@preventionservices.org
704.375.3784 ext. 4653

Yelena Yeremuk
Block Grant Manager
yeremuk@preventionservices.org
704.375.3784 ext. 4650